#### SPECIAL DAYS IN MARCH

# March Themes, Awareness, and Observances

Adopt a Rescued Guinea Pig

Athletic Training

Brain Injury Awareness Cerebral Palsy Awareness

Child Life

**Chronic Fatigue Syndrome Awareness** 

Clean Up Your IRS Act

Colic Awareness

Colorectal Cancer Education and

Awareness Color Therapy

Craft

Credit Education
Deaf History

**Developmental Disabilities Awareness** 

Diabetes Alert Dolphin Awareness Employee Spirit

**Endometriosis Awareness** 

**Ethics Awareness** 

Expanding Girls' Horizons in Science and

Engineering Flower

Gender Equality Hemophilia Honor Society

**Humorists Are Artists** 

Hypothermia Awareness and Training

International Ideas Irish American Heritage

Kidney Kite

**Listening Awareness** 

Mad for Plaid

March Into Literacy

Mirth

Multiple Sclerosis Education and

Awareness

Music In Our Schools

On Hold Optimism

Play the Recorder

Poison Prevention Awareness Problem Gambling Awareness

Red Cross

Save Your Vision
Sing With Your Child

Social Work

Spiritual Wellness

Umbrella

Women's History Women Inventors

Youth Art

## **March Food Themes**

**Bell Peppers** 

Berries

Broccoli Caffeine Awareness

Celery Cherries

**Exotic Winter Fruits** 

Flour

Frozen Foods Green Onion

Leeks
Meatout
Noodle
Nutrition
Peanut
Sauce

# **March Special Days with Varying Dates**

- World Math Day (1st Wed.)
- World Book Day (1st Thurs.)
- Day of Unplugging (1st Fri.)
   Dress in Blue Day (1st Fri.)
- World Day of Prayer (1st Fri.)
- International Festival of Owls (1st full weekend)
- Celebrate Your Name Week begins (1st full week)
- Namesake Day (Sun. of 1st full week)
- Fun Facts About Names Day ( Mon. of 1st full week)
- Unique Names Day (Tues. of 1st full week)
  - Discover What Your Name
    Means Day (Wed. of 1st full week)
    Name Tag Day (Thurs. of 1st full
    week)
- Middle Name Pride Day (Fri. of 1st full week)
- Descendants Day (Sat. of 1st full week)
- Read an E-Book Week (1st full week)
  - Words Matter Week (1st full week)
- Newspaper in Education Week (1st Mon.)
- School Breakfast Week begins (Mon. of 1st full week)
- Share a Story Shape a Future Week begins (1st Mon.)
- Women of Aviation Worldwide
   Week begins (week with March 8)
- Chocolate Chip Cookie Week \* (2nd week)
- Commonwealth Day (2nd Mon.)
- Organize Your Home Office Day (2nd Tues.)
- Kidney Day (2nd Thurs.)
- Girl Scout Week (week of 12th)
- Absolutely Incredible Kid Day (3rd Thurs.)

- Quilting Day (3rd Sat.)
- Button Week (3rd full week)
- Chocolate Week (3rd full week)
- Folktales and Fables Week (3rd Week)
- Act Happy Week (3rd Mon.)
- Wellderly Week begins (3rd Mon.)
- Cleaning Week begins (last week)
- Brother and Sister Day (last Sat.)
- Earth Hour (last Sat.)
- Diabetes Alert Day (4th Tues.)
- Little Red Wagon Day (last Wed.)
   Manatee Appreciation Day (last Wed.)

## **SPECIAL DAYS WITHOUT SET DATES**

- Iditarod Race
- Lent
- Return the Borrowed Books Week
- Sleep Awareness Week
- Teen Tech Week
- Ta'anit Esther/Purim
- Procrastination Week
- Agriculture Week
- Science and Engineering Week (UK)
- Tsunami Awareness Week
- Daughters' and Sons' Day
- Check Your Batteries Day
- Daylight Savings Time begins
- Napping Day (day after Daylight Savings Time)
- Brain Awareness Week
- Ag Day
- Fix a Leak Week
- Naw-Ruz
- Ostara
- Spring Equinox/ 1st Day of Spring
- Shakespeare Week
- Nano Days
- Mothering Sunday (UK) (3 weeks before Easter
- Consider Christianity Week begins
   \* (2 Sundays before Easter)
   Holy Week (week before Easter)
- Good Friday (Fri. before Easter)
- Easter

#### **SPECIAL DAYS WITH SET DATES**

#### March 1

Bosnia and Herzegovina Independence

1992

Cheerleading Week begins Dadgum That's Good Day

St. David's Day Fruit Compote Day

**Ghost Writers Week begins** 

Horse Protection Day Nebraska Statehood 1867 Ohio Statehood 1803

Peace Corps Week begins - established

1961

Peanut Butter Lover's Day Pet Sitters Week begins

Pig Day

Plan a Solo Vacation Day Save Your Vision Week begins

Share a Smile Day Sock Monkey Day

Universal Human Beings Week begins

World Compliment Day

Write a Letter of Appreciation Week

begins

Yellowstone National Park established

1872

## March 2

Banana Cream Pie Day

Dr. Seuss Day - Author Theodor Geisel

born 1904

Soviet Leader Mikhail Gorbachev born

1931

Jell-O invented 1897

King Kong (movie) premiered 1933

Old Stuff Day

Read Across America Day

#### March 3

Alexander Graham Bell born 1847

Cold Cuts Day

Florida Statehood 1845

I Want You To Be Happy Day

If Pets Had Thumbs Day National Anthem Day (US)

Elvis Presley's 1st TV Appearance 1955

Severe Storm Preparedness Week Speech and Debate Education Day Time Magazine launched 1923

World Wildlife Day

#### March 4

Courageous Follower Day

Primatologist Jane Goodall born 1934

**Grammar Day** 

Holy Experiment Day

Hug a G.I. Day

March Forth - Do Something Day

Pound Cake Day

Scrapbooking Industry Day

Slinky patented 1947

Toy Soldier Day

US Constitution went into effect 1789

Vermont Statehood 1791

Composer Antonio Vivaldi born 1678

#### March 5

Absinthe Day

Boston Massacre 1770 Cheese Doodle Day

Map Maker Gerardus Mercator born 1512

St. Piran's Day

# March 6

Poet Elizabeth Barrett Browning born

1806

Artist Michelangelo Buonarroti born 1475

Corndog Day Dentist's Day Dress Day

Frozen Foods Day

Ghana Independence 1957

Oreo Cookies first introduced 1912

Procrastination Week begins

White Chocolate Cheesecake Day

March 7

Be Heard Day Cereal Day

Crown Roast of Pork Day Artist Piet Mondrian born 1872

No More Week begins

Roast Pork Day

Telephone patented 1876

March 8

Aardvark Week begins

Chocolate Chip Cookie Week begins

Girls Write Now Day Peanut Cluster Day Proof Reading Day

Universal Women's Week begins

March 9

Barbie Doll debuted 1959

Crabmeat Day

False Teeth patented 1822

Get Over It Day Meatball Day Panic Day

Explorer Amerigo Vespucci born 1451

March 10

Bagpipe Day

Blueberry Popover Day Ranch Dressing Day

International Day of Awesomeness

Mario Day

Pack Your Lunch Day Salvation Army Day

1st Telephone Call Made 1876 Harriet Tubman born 1820

Rings around Uranus discovered 1977

March 11

Agriculture Week begins \*

Johnny Appleseed Day (Sept. 26 is an

alternate date)
Dream Day

Frankenstein published 1818 Ken Day (the boy Barbie) Oatmeal-Nut Waffles Day

Plumbing Day

Rattlesnake Roundup begins

Worship of Tools Day

March 12

**Baked Scallops Day** 

Brain Awareness Week begins \*

Descendants Day Genealogy Day Girl Scouts Day Alfred Hitchcock Day

Mauritius Independence 1968

1st Parachute Jump from an Airplane

1912

Plant a Flower Day

March 13

Coconut Torte Day

Comet Day

Commonwealth Day (Canada) Donald Duck debuted 1942

Earmuffs Day (earmuffs patented 1877)

Ginger Ale Day Good Samaritan Day

Jewel Day

K9 Veterans Day

Ken Day

Open an Umbrella Indoors Day

Uranus discovered 1781

March 14

Ask a Question Day Children's Craft Day

Scientist Albert Einstein born 1879

Casey Jones born 1863 Learn About Butterflies Day

Pi Day (3.14) Potato Chip Day Reuben Sandwich Day

March 15

**Buzzards Day** 

Escalator patented 1892

Everything You Think is Wrong Day

Ides of March

President Andrew Jackson born 1767

Maine Statehood 1820
Pears Helene Day
Shoe the World Day
True Confessions Day

World Consumer Rights Day

March 16

Artichoke Hearts Day

**Curlew Day** 

Everything You Do Is Right Day Freedom of Information Day

Lips Appreciation Day

1st Liquid-Fuel-Powered Rocket launched

1926

President James Madison born 1751

Panda Day

The Scarlet Letter published 1850

St. Urho's Day

March 17

Corn Dog Day

Corned Beef and Cabbage Day Rubber Bands invented 1845

St. Patrick's Day Submarine Day

World Folktales and Fables Week begins

March 18

**Awkward Moments Day** 

Biodiesel Day / Inventor Rudolph Diesel

born 1858

President Grover Cleveland born 1837

Forgive Mom and Dad Day 1st Space Walk 1965

Mount St. Helen erupted 1980

Oatmeal Cookie Day Sloppy Joe Day World Sleep Day

March 19

Chocolate Caramel Day

Let's Laugh Day

Explorer/Missionary David Livingstone

born 1813 Nurses Day

Operation Iraqi Freedom began 2003

Poultry Day

1st Space Walk 1965

March 20

Alien Abduction Day

Astrology Day

Great American Meat Out International Day of Happiness

French Language Day

Author Bill Martin Jr. born 1916

Proposal Day Ravioli Day

Snowman Burning Day Tunisia Independence 1956

Uncle Tom's Cabin published 1852 Won't You Be My Neighbor Day (Fred

Rogers born 1928) World Frog Day

World Story Telling Day

March 21

Composer Johann Sebastian Bach born

1685

Common Courtesy Day

Reformer Thomas Cranmer Burnt at the

Stake 1556

Down Syndrome Day

International Day for the Elimination of

Racial Discrimination

International Day of the Forests and the

Tree

Fragrance Day
French Bread Day

Namibia Independence 1990 Renewable Energy Day Single Parents Day Spring Fairy Fun Day Strawberry Day World Poetry Day

March 22

As Young As You Feel Day Carbonated Water invented 1733

Coq Au Vin Day

**Education and Sharing Day** 

Goof-off Day

International Day of the Seal

Tuskegee Airmen Day

World Water Day

March 23

Chia Day

Chip and Dip Day

Ponce De Leon discovered Florida 1513 Patrick Henry delivered "Give Me Liberty"

speech 1775

Lewis and Clark Expedition began 1806

Melba Toast Day Meteorological Day Near Miss Day

OK Day Puppy Day

March 24

Chocolate Covered Raisins Day Crossword Puzzle Week begins

Harry Houdini born 1874 King James Crowned 1603

**Tuberculosis Day** 

March 25

Annunciation Day/Tichborne Dole/Lady's

Day

Democracy Celebration Day Greek National Day/Greece

Independence 1821

International Day of Remembrance of the Victims of Slavery and the Transatlantic

Lobster Newburg Day Medal of Honor Day

Pecan Day

Tolkien Reading Day

Waffle Day

March 26

Bangladesh Independence 1971

Epilepsy Awareness Day

**Nougat Day** 

Poet Robert Frost born 1874

Legal Assistants Day

Make Up Your Own Holiday Day

Spinach Day

March 27

Celebrate Exchange Day

Quirky Country Music Song Titles Day

1st Radio Transmission 1899

Scientist Wilhelm Roentgen born 1845

Spanish Paella Day World Theater Day

March 28

Accidents at Three Mile Island Nuclear

**Plant 1979** 

Barnum and Bailey Day Black Forest Cake Day Something on a Stick Day

Washing Machine patented 1930

Weed Appreciation Day

March 29

Borrowed Days begin Coca Cola invented 1886 Lemon Chiffon Cake Day

Mom & Pop Business Owners Day Niagara Falls Runs Dry 1848

Pop-up Toaster patented 1919
President John Tyler born 1790

Week of the Ocean begins

March 30

Doctor's Day

Grass Is Always Browner on the Other

Side of the Fence Day I Am In Control Day Pencil patented 1858

Artist Vincent Van Gogh born 1853

Take a Walk in the Park Day Turkey Neck Soup Day

March 31

Scientist Robert Wilhelm Eberhard von

Bunsen born 1811 Cesar Chavez Day

Clams on the Half Shell Day

Crayon Day

Composer Joseph Hayden born 1732

Eiffel Tower Opened 1889 Oranges and Lemon's Day She's Funny That Way Day

Tater Day

World Backup Day